

ALEXANDER STREET
Counseling and Therapy in Video: Volume 2

The award-winning *Counseling and Therapy in Video* is a multi-volume online series that provides training videos, reenactments, and footage of actual therapy sessions. These recorded counseling sessions, conducted by renowned practitioners worldwide, provide an unparalleled opportunity to view expert therapists at work and learn intricacies of behavior, tone, facial expression, and body language that define successful counseling experiences.

Counseling and Therapy in Video Volume II contains 300 hours of video placing special emphasis on contemporary topics such as neuroscience, coaching, family therapy, child therapy, geriatric therapy, play therapy, weight control and eating disorders, post-traumatic stress disorder, sex therapy, and culturally sensitive therapy. It also features world-renowned therapists demonstrating their methods and techniques, state of the art as of 2005 or later. The collection also includes documentaries providing insight into the human condition and training such as reflection and empathy. The second volume features world-renowned therapists such as Albert Ellis, Allen Ivey, John Norcross, Arnold Lazarus, Otto Kernberg, Violet Oaklander, and many others, demonstrating their methods in true-to-life situations. With more than 70 percent of the films created since 2005, the collection stays apace with the evolving practices and theories of the counseling field.

Highlight areas include:

<i>CBT for Depression</i>	<i>Coaching and Counseling</i>
<i>Narrative Mediation with Couples</i>	<i>Counseling Gay and Lesbian People of Color</i>
<i>Counseling Immigrants</i>	<i>Teen Anxiety Disorder</i>
<i>Collaborative Helping: A Practice Framework for Family-centered Services</i>	<i>Evidence-based Treatment Planning for Social Anxiety</i>

TITLES IN FOCUS:

- ▶ **“Australian Aboriginal “Sorry Business” and Culturally Appropriate Counseling”** written by Robina Otrupcek, presented by Robina Otrupcek (Auckland, Auckland Region: Australian Counselling Association, 2010)

The grief suffered across the generations by Indigenous Australians over the last 200 years is often the source of the current discontent that has led to many mental health issues. The intention of this presentation is to look at important aspects of **Aboriginal** cultures to enable useful assistance in this grief. An attempt to understand and accept these differences and generate the respect that will improve the success rate in therapeutic approaches.

- ▶ **“Therapeutic Journeys, Exploring Roadblocks and Effective Counselling. Series Two: Basic Counselling Skills”** in *Therapeutic Journeys* (Western Australia: Sushi Productions, 2002)

This film features two vignettes of an initial assessment with a reluctant client who has alcohol related problems. The first vignette demonstrates roadblocks. The second vignette demonstrates effective counselling skills. A Clinical Psychologist/Senior Lecturer in Psychology, Sandy Williams, conducts the interviews sessions. The video is an excellent training resource for generalist and specialist drug workers who encounter resistant clients with drug related problems in the course of their work.

ACCESS POINTS FOR RESEARCH AND DISCOVERY SPECIFIC TO THIS COLLECTION

The collection is carefully indexed to meet the specific search needs of students and scholars in counseling. Search and browse by client age, symptoms, date of session, therapy type, therapist gender, and much more.

TOOLS FOR TEACHING AND LEARNING

- ✓ Controlled vocabularies and semantic facet browsing allow users to discover new materials and find exactly what they need.
- ✓ Shareable playlists add all of your favourite films and clips into an online playlist so you can easily share the link or slide it seamlessly into any syllabus or LMS - Faculty can select just the most important clips from videos, put them into a playlist, then share them in class or for homework. Rich playlist functionality lets users create, annotate, and organize clips and include links to other content.
- ✓ Searchable transcripts, annotation tools, and an instant citation exporter all empower users to make new connections and share what they have discovered with each other – Our synchronized scrolling transcripts alongside each video help visual learners process and understand and make sure users never miss a word.
- ✓ Embed features allow for easy LMS integration.
Downloadable user guides help expedite course integration.
- ✓ Clip maker creates video clips with a single click, automatically populating title and abstract information.
- ✓ Easy export citation allows you to export, download and email full accurate citations in APA, Chicago and MLA formats.
- ✓ Visual tables of contents let you quickly scan each video.
- ✓ Permissions for in-class, on-campus, and remote-access viewing are all included in the terms of the subscription.
- ✓ Unlimited users can view films at the same time from the library, their home computer, or their mobile device.

FOR A FULL BIBLIOGRAPHY PLEASE VISIT:

Volume II: [alexanderstreet.com/sites/default/files/resources/bib - Counseling and Therapy in Video Vol II - 13-1101.xlsx](http://alexanderstreet.com/sites/default/files/resources/bib_Counseling_and_Therapy_in_Video_Vol_II_-_13-1101.xlsx)

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<http://alexanderstreet.com/products/counseling-and-therapy-video-series>



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