

Access APA PscTherapy®

Streaming demonstration videos for teaching and learning psychotherapy techniques

Observe psychotherapy in action

APA PscTherapy provides clinicians, counselors, and trainees the opportunity to observe candid psychotherapy videos featuring known therapists.

This proven counseling training method is an invaluable tool to remain abreast of the latest psychotherapy techniques.

Key Benefits of APA PscTherapy

- **Therapeutic approaches** addressing a wide range of psychotherapy topics.
- **Proven methods** featuring common obstacles faced during unscripted therapy sessions.
- **Helpful tools** that allows users to create playlists and share video clips.
- **Expertly created metadata** for easy navigation to specific therapeutic techniques.
- **Synchronized transcripts** which allow users to search for precise moments in therapy.
- **Cross-search with Behavioral & Mental Health Online (BMHO)** a comprehensive, rich, and diverse collection of video and text for anyone studying or teaching in the area of mental health

Quick Facts

- **Database type:**
 - Streaming video
- **Record type:**
 - Demonstration videos
- **Update frequency:**
 - Biannually
 - Updated or new videos added twice per year.
- **Total # of records**
 - Over 500 demonstration videos.
- **Therapy approaches**
 - Over 100 therapeutic approaches covered.
- **Topics covered**
 - Over 245 topics covered.
- **Platform**
 - Access through the Alexander Street platform.



To talk to the sales department, contact us at 1-800-779-0137 or sales@proquest.com.

