CLIENT: (pause) Hmmm... (pause) I guess it would be when I was in high school.

THERAPIST: Tell me first experience there.

CLIENT: Ooh, that’s kind of hard to remember. That may have been the first time. (pause) Maybe the first time I moved out, I think, and maybe not even then. When I was at home living with my parents and going to school, I would be wondering, “OK dawg (ph), did he lock the door? Was it left unlocked?”

THERAPIST: And what bad things have happened when you haven’t been there to make sure things are OK?

CLIENT: Well, he had a fight with someone that he worked with and stabbed him with a knife.

THERAPIST: It was very upsetting.

CLIENT: And I’ve thought maybe (inaudible at 00:13:56) if he called the police would be after him again.

THERAPIST: And what else?

CLIENT: (pause) Maybe... I’m trying to see if that’s it, though. But maybe if I hadn’t have moved out...
Counseling and Psychotherapy Transcripts Series

*Counseling and Psychotherapy Transcripts* is a unique online series that lets students and researchers peer deeply into the client-therapist relationship and follow the progress—and the setbacks—of clients across multiple therapy sessions.

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Subjects addressed throughout the collection are among the most-studied and discussed in counseling classrooms and practices. These include:

- ADHD
- Anger management
- Anxiety
- Borderline personality
- Chemical dependence
- Childhood traumas
- Chronic pain
- Depression
- Eating disorders
- Family conflict
- Gender
- Grief
- Medical issues
- Personality
- Phobia/panic
- PTSD
- Sexual abuse
- Social discomfort
- ADHD
- Anger management
- Anxiety
- Borderline personality
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**Publication Details**

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