

COUNSELING AND PSYCHOTHERAPY TRANSCRIPTS SERIES

point in your life where you remember this happening this feeling of missing something or having anxiety about missing something.

CLIENT: (pause) Hmmm. (pause) I guess it would be when I was in high school.

THERAPIST: Tell me first experience there.

CLIENT: Ooh, That's kind of hard to remember. That may have been the first time. (pause) Maybe the first time I moved out, I think, and maybe not even then. When I was at home living with my parents and going to school, I would be wondering, "OK dawg (ph), did he lock the door? Was it left unlocked?"

THERAPIST: And what bad things have happened when you haven't been there to make sure things are OK?

CLIENT: Well, he had a fight with someone that he worked with and stabbed him with a knife.

THERAPIST: It was very upsetting.

CLIENT: And I've thought maybe (inaudible at 00:13:56) if he called the police would be after him again.

THERAPIST: And what else?

CLIENT: (pause) Maybe... I'm trying to see if that's it, though. But maybe if I hadn't have moved out.

THERAPIST: Mhm.



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Counseling and Psychotherapy Transcripts Series

Counseling and Psychotherapy Transcripts is a unique online series that lets students and researchers peer deeply into the client-therapist relationship and follow the progress—and the setbacks—of clients across multiple therapy sessions.

This multi-part collection includes 4,000 transcripts of real therapy sessions, 40,000 pages of client narratives, and 25,000 pages of reference works in one cross-searchable interface. Together, these materials bring the therapeutic process to life and provided unprecedented levels of access to the broadest range of clients.

Designed to meet the needs of therapists-in-training, the collection shares firsthand the experience of assisting clients through a wide range of issues. It lets students witness in detail therapists' treatment processes and assess their impact. Transcripts are provided by hundreds of practicing therapists worldwide and all adhere to the American Psychological Association's Ethics Guidelines for use and anonymity, so users can rely on the information for its accuracy and diversity.

This collection also opens gateways for researchers to make reliable, real-life observations and draw empirical, data-driven conclusions. Scholars can use the collection to compare therapeutic methods, relate them back to client outcomes, examine language patterns across different types of psychotherapy, and explore countless other lines of inquiry with unprecedented accuracy.

About Volume I

Winner, APEX Award of Excellence

"This is a great resource... Summing Up: Essential." —*CHOICE*

"Best niche product... The materials in this category challenge traditionally buttoned-up scholarly expectations." —*Library Journal*

Volume I lays an important foundation for clinical work with clients by providing 2,000 real-life, fully anonymized transcripts alongside an extensive selection of primary accounts, handbooks, and reference works.

Primary narratives are valuable for undergraduates and practicing therapists because their vivid detail enables users to understand, appreciate, and empathize with clients in a way no traditional textbook can. Included are diaries, letters, autobiographies, oral histories, and personal memoirs along with the full text of the sessions themselves.

More than 25,000 pages of reference material round out this volume, complementing and contextualizing the primary sources. Content includes encyclopedic entries, textbook case studies, and how-to material from leading professionals in the field.

About Volume II

Volume II builds on the foundation of the inaugural edition with almost 2,000 new transcripts of actual therapy sessions. Because all content was recorded in 2012 or later, *Volume II* is an ideal resource for examining the most up-to-date therapeutic approaches and methods and their real-life applications. The collection features a diverse set of clients, a wide range of presenting issues, and multiple therapeutic approaches, making this an outstanding resource for teaching and research.

Topical Coverage

Subjects addressed throughout the collection are among the most-studied and discussed in counseling classrooms and practices. These include:

- ADHD
- Anger management
- Anxiety
- Borderline personality
- Chemical dependence
- Childhood traumas
- Chronic pain
- Depression
- Eating disorders
- Family conflict
- Gender
- Grief
- Medical issues
- Personality
- Phobia/panic
- PTSD
- Sexual abuse
- Social discomfort

Publication Details

Counseling and Psychotherapy Transcripts is a multi-part online collection available to academic, public, and school libraries worldwide via subscription or one-time purchase of perpetual rights. For more information, or to request a trial or price quote, please email sales@alexanderstreet.com.



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