

*Prepare your students for
their counseling careers*

COUNSELING & THERAPY



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ALEXANDER STREET'S COUNSELING & THERAPY COLLECTIONS

*Provide your students with the essential skills and knowledge
to work effectively with clients*

Diverse Content to Engage Students

ACTUAL THERAPY SESSIONS & REENACTMENTS

Hundreds of counseling sessions cover a wide range of theories and skills, and include diverse clients and presenting issues.

TRAINING VIDEOS

Lectures and workshops focus on latest research and evidence-based practices.

TRANSCRIPTS

6,000 transcripts from real therapy sessions give researchers unprecedented access to presenting conditions and treatment.

DSM-5®/ICD-10 CONTENT

The largest collection of DSM-5®/ICD-10 video content found anywhere. Assessments gauge student understanding.

PSYCHOLOGICAL EXPERIMENTS ONLINE

These rare materials shed new light on the studies that have shaped contemporary understandings of key psychological issues.

Exclusive Content Partners

- **Microtraining**, Alexander Street's *Counseling Imprint*, offers a strong emphasis on culturally sensitive counselor training videos.
- **Symptom Media** is the leading provider of DSM-5®/ICD-10 video content.
- **Milton Erickson Foundation** focuses on educating students and advancing the contributions made to the health sciences by Milton H. Erickson.
- **PESI, Inc.** is a leading continuing education provider of mental health content.

Award Winning



Library Journal
– **Best Niche Product**
Counseling and Therapy in Video
and *Psychotherapy Transcripts:*
Volumes I-II



**Choice Outstanding
Title Award Winner**
Psychotherapy Transcripts:
Volumes I-II

Access to the Experts

Highlighted experts include:

- Derald Wing Sue – *Multicultural Expert*
- Allen Ivey – *Microskills Model of Counseling*
- Jay Haley – *Strategic Therapy*
- Janet Helms – *Cultural Identity Theory*
- Sam Gladding – *Spirituality & Family Counseling*
- Scott Miller – *Feedback Informed Treatment*
- Jeffrey Kottler – *Group Counseling*
- Sue Johnson – *Marriage and Family*
- Stephen Rollnick – *Motivational Interviewing*
- Janina Fisher – *Trauma*
- Bill O'Hanlon – *Brief Therapy*
- Carl Rogers – *Client Centered Therapy*
- Aaron Beck – *Cognitive Therapy*
- Virginia Satir – *Family Therapy*
- Rollo May – *Existential Therapy*
- William Glasser – *Reality Therapy*
- James Bugental – *Humanistic Therapy*

Free Trial Available: alexanderstreet.com/counseling



CLASSIC

Counseling & Therapy in Video: Classic: **Foundational videos from 1985-2010 cover recent history of practices**

Provides 500+ hours of video offering a firsthand look at the realities of working with clients and the challenges associated with putting theoretical concepts into practice. World renowned therapists such as Albert Ellis, Violet Oaklander, Derald Wing Sue, and John Norcross demonstrate their methods and techniques.



VOL.III

Counseling & Therapy in Video: Volume III: **Films about the founders of theory and the progression of practices to today**

Presents a firm grounding in the theoretical modalities of counseling and psychotherapy while expanding into new and emerging areas such as social media, veterans, cyberbullying, mindfulness, and neuroscience. More than 300 hours of video are available, with 70% of titles filmed in 2012 or later.



VOL.IV

Counseling & Therapy in Video: Volume IV: **This multimedia collection addresses new population groups, contemporary approaches and issues**

Focuses on prevalent issues in counseling, such as the rise in cases involving underserved populations, racial trauma, and veterans suffering from PTSD. This volume delivers content aligned with the CACREP eight common core areas, and introduces the DSM-5® and ICD-10. It includes 300 hours of video, 90% created since 2012; 400 transcripts from real therapy sessions; 1,200 hours of expert-led presentations, lectures, and workshops; and 45,000 pages of ebooks and periodicals.



VOL.V

Counseling & Therapy in Video: Volume V, The Symptom Media Collection: **Comprehensive DSM-5® / ICD-10 coverage has built-in assessments to assess comprehension**

Ideal for counseling, psychology, social work, nursing and other behavioral health care courses, *Volume V* helps students better recognize mental health disorders and provides accurate diagnoses via 400+ streaming mental health videos aligned to DSM-5®/ICD-10 content. Assessment options included.



PSYCHOTHERAPY TRANSCRIPTS: VOLUMES I-II

Psychotherapy Transcripts

Volumes I-II include 6,000 transcripts of real therapy sessions, 40,000 pages of client narratives, and 25,000 pages of reference works which bring the therapeutic process to life and provides unprecedented levels of access to the broadest range of clients.



SOCIAL WORK ONLINE

Essential concepts practitioners use in their everyday work

Social Work Online combines compelling documentaries and videos of client demonstrations with relevant text to illustrate the complex and challenging realities social work students will face as practitioners. 100 hours of video and 50,000 pages of text are structured around the most important topics in the social work curriculum.



NURSING & MENTAL HEALTH

Prepares nurses to assess, diagnose, and manage mental health issues

Nursing and Mental Health in Video: A Symptom Media Collection helps nurses and nursing students understand, assess and manage the mental health issues that often present themselves alongside physical conditions. Featuring more than 240 videos of the most common mental health disorders nurses may encounter, these essential visual examples address situations that come up in primary care, emergency rooms, psychiatric facilities, and other settings.

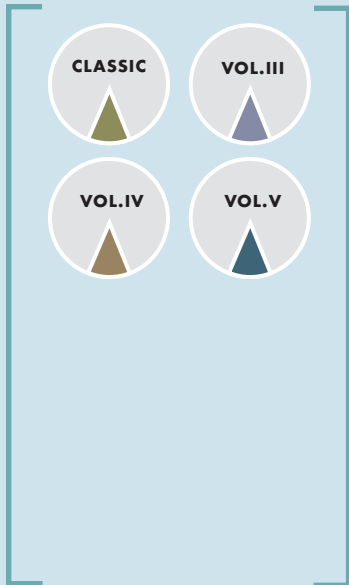


PSYCHOLOGICAL EXPERIMENTS ONLINE

Explores humankind's journey to understand itself

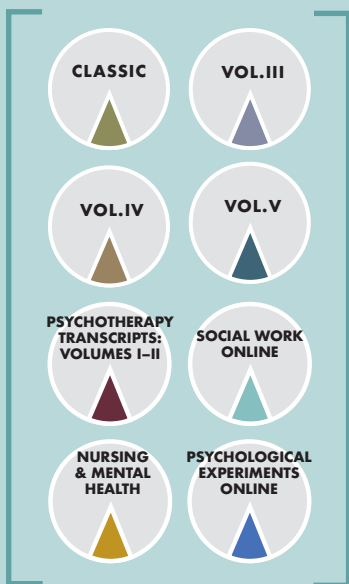
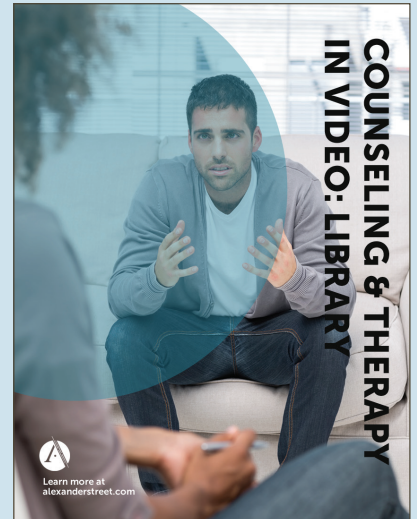
Psychological Experiments Online synthesizes the most important psychological experiments of the 20th and 21st centuries, fostering deeper levels of understanding for students and scholars alike. Highlights include Zimbardo's Stanford Prison Experiment, Milgram's Obedience to Authority, Bandura's Bobo Doll Experiment, and Loftus's eyewitness testimony research. The collection pairs 65 hours of audio and video recordings of original experiments with 45,000 pages of primary-source documents.

Want It All? **The Choice Is Yours...**



COUNSELING & THERAPY IN VIDEO LIBRARY

All 4 volumes are combined in *The Library* to support your teaching and training needs, providing approximately 2,400 hours of video (500+ hours produced since 2012) and 50,000 pages of text.

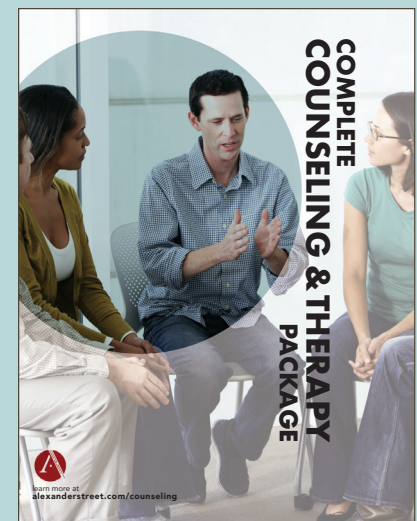


Best Value!

COMPLETE COUNSELING & THERAPY PACKAGE

Contains *The Library* + *Psychotherapy Transcripts: Volumes I-II*, *Social Work Online*, *Nursing and Mental Health in Video*, and *Psychological Experiments Online* for the most comprehensive coverage supporting teaching and research.

* Subscription only.



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