

NURSING & MENTAL HEALTH

IN VIDEO: A SYMPTOM MEDIA COLLECTION



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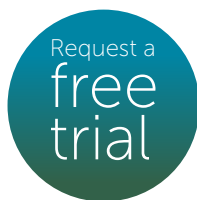
Nursing and Mental Health in Video: A Symptom Media Collection

A nurse's responsibility extends beyond addressing just physical ailments. Nurses now must understand, assess and manage mental health issues that often present themselves alongside physical conditions. Prepare your students to do that with our EXCLUSIVE new collection, *Nursing and Mental Health in Video*.

Nursing and Mental Health in Video

features over 220 videos of the most common mental health disorders nurses may encounter – whether in a primary care setting, emergency room, medical, psychiatric or other.

These essential visual examples will prepare nurses to better assess, diagnose, and manage mental health issues in patients. Faculty can easily integrate these 2-22 minute long videos within lectures, discussion groups, tests, and distance learning programs. *Nursing and Mental Health in Video* supports the existing curriculum at all levels – undergraduate, graduate, and professional.



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20 Patient "Cases" Available

Highlights Include:

- A patient experiencing an acute psychiatric episode in an emergency room setting.
- An adolescent exhibiting depression and feelings of suicide.
- A patient showing signs of panic disorder and OCD.
- A nurse conducting a mental status exam on a patient with Alzheimer's Dementia.
- A patient experiencing paranoia triggered from not taking medication for Bipolar Disorder.
- Interventions by a nurse to redirect a domestic argument between a patient and his partner.

Included within each "Case" are additional patient scenarios demonstrating important skills such as limit setting, diffusing of anger, patient negotiations, phrasing of questions, and use of assessments.

To further enhance the learning process, many of the "Cases" include:

- **Director's Cut** – features moment-by-moment analysis of the case provided by a psychiatric mental health nurse.
- **Key Takeaways** – includes a psychiatric mental health nurse's opinion on what is most important in the video.
- **Future Treatment Options** – includes recommendations on next steps in providing patient treatment.

Nursing and Mental Health in Video is available worldwide for university and public libraries as a subscription or for perpetual purchase. It is available as a stand-alone collection or within *The Complete Counseling & Therapy Package*. Learn more at alexanderstreet.com/counselingpackage



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