

COUNSELING AND PSYCHOTHERAPY TRANSCRIPTS SERIES

point in your life where you remember this happening this feeling of missing something or having anxiety about missing something.

CLIENT: (pause) Hmmm. (pause) I guess it would be when I was in high school.

THERAPIST: Tell me first experience there.

CLIENT: Ooh, That's kind of hard to remember. That may have been the first time. (pause) Maybe the first time I moved out, I think, and maybe not even then. When I was at home living with my parents and going to school, I would be wondering, "OK dawg (ph), did he lock the door? Was it left unlocked?"

THERAPIST: And what bad things have happened when you haven't been there to make sure things are OK?

CLIENT: Well, he had a fight with someone that he worked with and stabbed him with a knife.

THERAPIST: It was very upsetting.

CLIENT: And I've thought maybe (inaudible at 00:13:56) if he called the police would be after him again.

THERAPIST: And what else?

CLIENT: (pause) Maybe... I'm trying to see if that's it, though. But maybe if I hadn't have moved out.



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